



January 2022

SIDNEY HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 * PD DAY (NO SCHOOL)	4 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	5 Taco Pizza-HS Cheese Quesadilla Refried Beans Fruit Milk	6 Pizza Hut Che Pizza Turkey BLT sandwich Baby Carrots Fruit Milk	7 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk
10 Stromboli Pizza Burger Sand. Sweet Potato Fries Fruit Milk	11 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	12 Gen Tso's Chicken Tangerine Chicken Steamed Broccoli Fruit Milk	13 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	14 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
17 * MARTIN LUTHER KING DAY	18 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	19 Foot Long Hot Dog Italian Sub-HS Baked Beans Fruit Milk	20 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	21 Chicken and Noodles Salisbury Steak Green Beans Wh. Gr. Dinner Roll Fruit Milk
24 Toasted Cheese Breaded Pork Patty Tomato Soup Fruit Milk	25 Chicken Potato Bowl Fish Stix Mashed Potatoes Wh. Gr. Dinner Roll Fruit Milk	26 Hamburger Patty Sand Spicy Chicken Patty Baked Beans Fruit Milk	27 Pizza Hut Pep Pizza Meatball Sandwich-HS Tossed Salad Straw-Banana Yogurt Fruit Milk	28 Macaroni & Cheese Ravioli Steamed Broccoli Teddy Grahams Fruit Milk
31 Sloppy Joe Sand BBQ Pulled Pork Sand French Fries Fruit Milk				

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these.

Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider.

Sidney City Schools
Allergens
January 2022

Serving Date	Recipe	Allergens
01/04/2022	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat
	R-0371 - Chicken Alfredo	Milk, Wheat, Soybeans
	R-0390 - Chicken Fingers (Fryz)	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
01/05/2022	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0678 - Cheese Quesadilla	Milk, Wheat, Soybeans
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/06/2022	R-0864 - Taco Pizza-HS	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/07/2022	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0863 - Turkey Bacon Lettuce Tomato	Wheat, Soybeans (soy)
	R-0255 - Milk	Milk
01/10/2022	R-0261 - Spaghetti with Meat Sauce	Wheat
	R-0279 - Spicy Chicken Tenders	Wheat, Soybeans
	R-0317 - Breadstick 7"	Milk, Wheat
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
01/11/2022	R-0255 - Milk	Milk
	R-0402 - Pizza Burger Sand.	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0483 - Sw. Pot Fries-HS	Soybeans
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/11/2022	R-0812 - Stromboli	Milk, Wheat, Soybeans
	R-0217 - Popcorn Chicken	Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0276 - Fish	Fish, Wheat
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans	

01/12/2022	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0767 - General Tso's Chicken	Milk, Eggs, Wheat, Soybeans
	R-0865 - Tangerine Chicken	Eggs, Wheat, Soybeans
01/13/2022	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Milk, Wheat
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
01/14/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0213 - Walking Taco	Milk, Soybeans (soy)
	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/18/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0236 - Chicken Tenders	Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
01/19/2022	R-0446 - HS breadstick	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
01/20/2022	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0867 - Italian Sub-HS	Wheat
	R-0255 - Milk	Milk
01/21/2022	R-0451 - Taco Pizza Triangles	Milk, Wheat, Soybeans
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/24/2022	R-0200 - Chicken & Noodles	Milk (Dairy), Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0270 - Salisbury Steak	Milk, Wheat, Soybeans (soy)
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/24/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
01/24/2022	R-0269 - Breaded Pork Patty Sand (HS)	Eggs, Wheat, Soybeans (soy)
	R-0464 - Toasted Cheese Sandwich-HS	Milk, Wheat, Soybeans (soy)

01/24/2022	R-0465 - Tomato Soup-HS	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/25/2022	R-0255 - Milk	Milk
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0363 - Fish Stix	Fish, Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0472 - Mashed Potatoes (HS)	Milk
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
01/26/2022	R-0733 - Chicken Potato Bowl	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0282 - Spicy Chicken Patty Sandwich	Wheat, Soybeans
	R-0383 - Hamburger Patty HS	Milk, Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/27/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0520 - Strawberry-Banana Yogurt	Milk
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
01/28/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0890 - Meatball Sandwich-HS	Milk, Wheat, Soybeans (soy)
	R-0240 - Macaroni & Cheese	Milk, Eggs, Wheat
	R-0255 - Milk	Milk
	R-0274 - Ravioli	Eggs, Wheat
	R-0294 - Teddy Grahams	Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/31/2022	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0711 - Sloppy Joe Sand	Soybeans