



October 2018

SIDNEY HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sausage & Egg Sand. Br. Chicken Patty Tater Tots Fruit Milk	2 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	3 Foot Long Hot Dog Sloppy Joe Sand Baked Beans Fruit Milk	4 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	5 Chicken and Noodles Salisbury Steak Green Beans Wh. Gr. Dinner Roll Fruit Milk
8 Toasted Cheese Breaded Pork Patty Tomato Soup Fruit Milk	9 Popcorn Chicken Fish Stix Mashed Potatoes Wh. Gr. Dinner Roll Fruit Milk	10 Hamburger Patty Sand Spicy Chicken Patty Baked Beans Fruit Milk	11 Pizza Hut Pep Pizza Meatball Sandwich Tossed Salad Straw-Banana Yogurt Fruit Milk	12 * PD-NO STUDENTS
15 Foot Long Hot Dog BBQ Pulled Pork Sand French Fries Fruit Milk	16 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	17 BBQ Chicken Snax Cheese Quesadilla Bean Soup Fruit Milk	18 Pizza Hut Che Pizza Turkey Wrap Baby Carrots Fruit Milk	19 * NO SCHOOL P/T CONFERENCE
22 Hamburger Patty Sand Pizza Burger Sand. Steamed Broccoli Fruit Milk	23 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	24 Grilled Chicken Sand BBQ Rib Sandwich Sweet Potato Fries Fruit Milk	25 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	26 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
29 Sausage & Egg Sand. Br. Chicken Patty Tater Tots Fruit Milk	30 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	31 Foot Long Hot Dog Sloppy Joe Sand Baked Beans Fruit Milk		

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these.

Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$4.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using K12PaymentCenter.com

Serving Date	Recipe	Allergens
10/01/2018	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0287 - Sausage, Egg, & Cheese Sandwich	Milk, Eggs, Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/02/2018	R-0255 - Milk	Milk
	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
	R-0446 - HS breadstick	Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/03/2018	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/04/2018	R-0711 - Sloppy Joe Sand	Soybeans
	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
10/05/2018	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0200 - Chicken & Noodles	Milk (Dairy), Wheat
	R-0255 - Milk	Milk
	R-0270 - Salisbury Steak	Milk, Wheat, Soybeans (soy)
10/08/2018	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
10/09/2018	R-0269 - Breaded Pork Patty Sand (HS)	Eggs, Wheat, Soybeans (soy)
	R-0464 - Toasted Cheese Sandwich-HS	Milk, Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
10/09/2018	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans

10/10/2018	R-0255 - Milk	Milk
	R-0282 - Spicy Chicken Patty Sandwich	Wheat
	R-0383 - Hamburger Patty HS	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/11/2018	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0275 - Meatball Sandwich	Milk, Wheat, Soybeans (soy)
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0520 - Strawberry-Banana Yogurt	Milk
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
10/15/2018	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0470 - French Fries (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
10/16/2018	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat, Soybeans (soy)
	R-0371 - Chicken Alfredo	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/17/2018	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0480 - Bean Soup (HS)	Wheat, Soybeans (soy)
10/18/2018	R-0678 - Cheese Quesadilla	Milk
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0304 - Turkey Wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
10/22/2018	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0383 - Hamburger Patty HS	Wheat
	R-0402 - Pizza Burger Sand.	Wheat
10/23/2018	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0276 - Fish	Eggs, Wheat
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans

10/23/2018	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
10/24/2018	R-0211 - Grilled Chicken Sand	Wheat
	R-0255 - Milk	Milk
	R-0272 - BBQ Rib Sand. (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/25/2018	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/26/2018	R-0213 - Walking Taco	Milk, Soybeans (soy)
	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
10/29/2018	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0287 - Sausage, Egg, & Cheese Sandwich	Milk, Eggs, Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
10/30/2018	R-0255 - Milk	Milk
	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
	R-0446 - HS breadstick	Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
10/31/2018	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0711 - Sloppy Joe Sand	Soybeans