



March 2019



SIDNEY HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Macaroni & Cheese Ravioli Steamed Broccoli Teddy Grahams Fruit Milk
4 Foot Long Hot Dog BBQ Pulled Pork Sand French Fries Fruit Milk	5 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	6 BBQ Chicken Snax Cheese Quesadilla Bean Soup Fruit Milk	7 Pizza Hut Che Pizza Turkey Wrap Baby Carrots Fruit Milk	8 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk
11 Hamburger Patty Sand Pizza Burger Sand. Steamed Broccoli Fruit Milk	12 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	13 Grilled Chicken Sand BBQ Rib Sandwich Sweet Potato Fries Fruit Milk	14 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	15 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
18 * PD NO STUDENTS	19 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	20 Foot Long Hot Dog Sloppy Joe Sand Baked Beans Fruit Milk	21 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	22 Chicken and Noodles Salisbury Steak Green Beans Wh. Gr. Dinner Roll Fruit Milk
25 NO SCHOOL - SPRING BREAK	26 NO SCHOOL - SPRING BREAK	27 NO SCHOOL - SPRING BREAK	28 NO SCHOOL - SPRING BREAK	29 NO SCHOOL - SPRING BREAK

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these. Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$4.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider.

Serving Date	Recipe	Allergens
03/01/2019	R-0255 - Milk	Milk
	R-0294 - Teddy Grahams	Wheat, Soybeans (soy)
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
03/04/2019	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0470 - French Fries (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
03/05/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat, Soybeans (soy)
	R-0371 - Chicken Alfredo	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
03/06/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
03/07/2019	R-0480 - Bean Soup (HS)	Wheat, Soybeans (soy)
	R-0678 - Cheese Quesadilla	Milk
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0304 - Turkey Wrap	Wheat
03/08/2019	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
03/11/2019	R-0261 - Spaghetti with Meat Sauce	Wheat
	R-0279 - Spicy Chicken Tenders	Wheat, Soybeans
	R-0317 - Breadstick 7"	Milk, Wheat
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
03/11/2019	R-0255 - Milk	Milk
	R-0383 - Hamburger Patty HS	Wheat
	R-0402 - Pizza Burger Sand.	Wheat

03/11/2019	R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice	Peanuts, Wheat Milk, Eggs, Wheat, Soybeans
03/12/2019	R-0255 - Milk R-0276 - Fish R-0297 - Wh. Gr. Dinner Roll R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0698 - Taco Bar Salad	Milk Eggs, Wheat Wheat Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Milk, Wheat, Soybeans
03/13/2019	R-0211 - Grilled Chicken Sand R-0255 - Milk R-0272 - BBQ Rib Sand. (HS) R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice	Wheat Milk Wheat Peanuts, Wheat Milk, Eggs, Wheat, Soybeans
03/14/2019	R-0255 - Milk R-0459 - Ham and cheese wrap R-0468 - Tossed Salad (HS) R-0471 - Uncrustable PB & J (HS) R-0656 - Pizza Hut Pep Pizza R-0693 - Salad bar/choice	Milk Wheat Milk, Eggs Peanuts, Wheat Milk, Wheat Milk, Eggs, Wheat, Soybeans
03/15/2019	R-0213 - Walking Taco R-0255 - Milk R-0283 - Br. Chicken Patty Sand. (HS) R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0716 - Sub bar	Milk, Soybeans (soy) Milk Wheat Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Eggs
03/19/2019	R-0255 - Milk R-0319 - Chix & Ch Quesadilla R-0446 - HS breadstick R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0698 - Taco Bar Salad	Milk Milk, Wheat, Soybeans (soy) Wheat, Soybeans (soy) Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Milk, Wheat, Soybeans
03/20/2019	R-0255 - Milk R-0364 - Foot Long Hot Dog R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0711 - Sloppy Joe Sand	Milk Wheat Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Soybeans
03/21/2019	R-0235 - Baby Carrots (Elem/MS) R-0255 - Milk R-0469 - Romaine Lettuce (HS) R-0471 - Uncrustable PB & J (HS) R-0657 - Pizza Hut Cheese Pizza R-0693 - Salad bar/choice	Milk, Eggs Milk Milk, Eggs Peanuts, Wheat Milk, Wheat Milk, Eggs, Wheat, Soybeans
03/22/2019	R-0200 - Chicken & Noodles R-0255 - Milk R-0270 - Salisbury Steak	Milk (Dairy), Wheat Milk Milk, Wheat, Soybeans (soy)

03/22/2019

R-0297 - Wh. Gr. Dinner Roll

R-0471 - Uncrustable PB & J (HS)

R-0693 - Salad bar/choice

R-0716 - Sub bar

Wheat

Peanuts, Wheat

Milk, Eggs, Wheat, Soybeans

Eggs