



# March 2019

## SAS SCHOOL LUNCH MENU



| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
|   |  |   |   | 1<br>Macaroni & Cheese<br>Steamed Broccoli<br>Wh. Gr. Dinner Roll<br>Fruit<br>Milk |
| 4<br>Foot Long Hot Dog<br>French Fries<br>Fruit<br>Milk         | 5<br>Chicken Styx<br>California Blend<br>Breadstick<br>Fruit<br>Milk     | 6<br>Ham and Cheese Wrap<br>Bean Soup<br>Fruit<br>Milk            | 7<br>Pizza Hut Che Pizza<br>Baby Carrots<br>Fruit<br>Milk                     | 8<br>Spaghetti w/meat<br>Romaine Lettuce<br>Breadstick 7"<br>Fruit<br>Milk         |
| 11<br>Hamburger Patty Sand<br>Steamed Broccoli<br>Fruit<br>Milk | 12<br>Popcorn Chicken<br>Wh. Gr. Dinner Roll<br>Corn<br>Fruit<br>Milk    | 13<br>Grilled Chicken Sand<br>Sweet Potato Fries<br>Fruit<br>Milk | 14<br>Pizza Hut Pep Pizza<br>Tossed Salad<br>Sidekicks Juice<br>Fruit<br>Milk | 15<br>Walking Taco<br>Refried Beans<br>Fruit<br>Milk                               |
| 18<br>* PD NO STUDENTS  | 19<br>Chicken Tenders<br>w/breadstick<br>Cooked Carrots<br>Fruit<br>Milk | 20<br>Foot Long Hot Dog<br>Baked Beans<br>Fruit<br>Milk           | 21<br>Pizza Hut Che Pizza<br>Romaine Lettuce<br>Baby Carrots<br>Fruit         | 22<br>Chicken and Noodles<br>Green Beans<br>Wh. Gr. Dinner Roll<br>Fruit<br>Milk   |
| 25<br>NO SCHOOL - SPRING BREAK                                  | 26<br>NO SCHOOL - SPRING BREAK   | 27<br>NO SCHOOL - SPRING BREAK                                    | 28<br>NO SCHOOL - SPRING BREAK  | 29<br>NO SCHOOL - SPRING BREAK   |

### School News

MENU SUBJECT TO CHANGE.

Grades K-5 Breakfast  
Price - \$1.00  
Grades K-5 Lunch  
Price - \$2.45

Grades 6-12 Breakfast  
Price - \$1.50  
Grades 6-12 Lunch  
Price - \$2.70

Reduce Lunch - \$.40  
Milk Price - \$.50  
Students who qualify for free or reduced meals receive a free breakfast.

Building Contact:  
Sidney Alternative  
School - 937-494-2003

SCS Food Service  
Office - 497-2200

Free/Reduced  
Application online at:  
[www.lunchapplication.com](http://www.lunchapplication.com)

Make payments easily & safely using [K12PaymentCenter.com](http://K12PaymentCenter.com)

| Serving Date | Recipe                             | Allergens                   |
|--------------|------------------------------------|-----------------------------|
| 03/01/2019   | R-0255 - Milk                      | Milk                        |
|              | R-0294 - Teddy Grahams             | Wheat, Soybeans (soy)       |
|              | R-0297 - Wh. Gr. Dinner Roll       | Wheat                       |
|              | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
|              | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0716 - Sub bar                   | Eggs                        |
| 03/04/2019   | R-0255 - Milk                      | Milk                        |
|              | R-0364 - Foot Long Hot Dog         | Wheat                       |
|              | R-0470 - French Fries (HS)         | Wheat                       |
|              | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
| 03/05/2019   | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0255 - Milk                      | Milk                        |
|              | R-0357 - Breadstick                | Wheat, Soybeans (soy)       |
|              | R-0371 - Chicken Alfredo           | Wheat                       |
|              | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
| 03/06/2019   | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0698 - Taco Bar Salad            | Milk, Wheat, Soybeans       |
|              | R-0255 - Milk                      | Milk                        |
|              | R-0459 - Ham and cheese wrap       | Wheat                       |
|              | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
| 03/07/2019   | R-0480 - Bean Soup (HS)            | Wheat, Soybeans (soy)       |
|              | R-0678 - Cheese Quesadilla         | Milk                        |
|              | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0255 - Milk                      | Milk                        |
|              | R-0304 - Turkey Wrap               | Wheat                       |
| 03/08/2019   | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
|              | R-0657 - Pizza Hut Cheese Pizza    | Milk, Wheat                 |
|              | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0255 - Milk                      | Milk                        |
| 03/11/2019   | R-0261 - Spaghetti with Meat Sauce | Wheat                       |
|              | R-0279 - Spicy Chicken Tenders     | Wheat, Soybeans             |
|              | R-0317 - Breadstick 7"             | Milk, Wheat                 |
|              | R-0469 - Romaine Lettuce (HS)      | Milk, Eggs                  |
|              | R-0471 - Uncrustable PB & J (HS)   | Peanuts, Wheat              |
|              | R-0693 - Salad bar/choice          | Milk, Eggs, Wheat, Soybeans |
|              | R-0716 - Sub bar                   | Eggs                        |
| 03/11/2019   | R-0255 - Milk                      | Milk                        |
|              | R-0383 - Hamburger Patty HS        | Wheat                       |
|              | R-0402 - Pizza Burger Sand.        | Wheat                       |

|            |   |  |
|------------|---|--|
| 03/11/2019 | R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice   | Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans  |
| 03/12/2019 | R-0255 - Milk<br>R-0276 - Fish<br>R-0297 - Wh. Gr. Dinner Roll<br>R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice<br>R-0698 - Taco Bar Salad                            | Milk<br>Eggs, Wheat<br>Wheat<br>Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans<br>Milk, Wheat, Soybeans                                 |
| 03/13/2019 | R-0211 - Grilled Chicken Sand<br>R-0255 - Milk<br>R-0272 - BBQ Rib Sand. (HS)<br>R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice  | Wheat<br>Milk<br>Wheat<br>Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans  |
| 03/14/2019 | R-0255 - Milk<br>R-0459 - Ham and cheese wrap<br>R-0468 - Tossed Salad (HS)<br>R-0471 - Uncrustable PB & J (HS)<br>R-0656 - Pizza Hut Pep Pizza<br>R-0693 - Salad bar/choice          | Milk<br>Wheat<br>Milk, Eggs<br>Peanuts, Wheat<br>Milk, Wheat<br>Milk, Eggs, Wheat, Soybeans  |
| 03/15/2019 | R-0213 - Walking Taco<br>R-0255 - Milk<br>R-0283 - Br. Chicken Patty Sand. (HS)<br>R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice<br>R-0716 - Sub bar                  | Milk, Soybeans (soy)<br>Milk<br>Wheat<br>Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans<br>Eggs   |
| 03/19/2019 | R-0255 - Milk<br>R-0319 - Chix & Ch Quesadilla<br>R-0446 - HS breadstick<br>R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice<br>R-0698 - Taco Bar Salad                  | Milk<br>Milk, Wheat, Soybeans (soy)<br>Wheat, Soybeans (soy)<br>Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans<br>Milk, Wheat, Soybeans |
| 03/20/2019 | R-0255 - Milk<br>R-0364 - Foot Long Hot Dog<br>R-0471 - Uncrustable PB & J (HS)<br>R-0693 - Salad bar/choice<br>R-0711 - Sloppy Joe Sand  | Milk<br>Wheat<br>Peanuts, Wheat<br>Milk, Eggs, Wheat, Soybeans<br>Soybeans   |
| 03/21/2019 | R-0235 - Baby Carrots (Elem/MS)<br>R-0255 - Milk<br>R-0469 - Romaine Lettuce (HS)<br>R-0471 - Uncrustable PB & J (HS)<br>R-0657 - Pizza Hut Cheese Pizza<br>R-0693 - Salad bar/choice | Milk, Eggs<br>Milk<br>Milk, Eggs<br>Peanuts, Wheat<br>Milk, Wheat<br>Milk, Eggs, Wheat, Soybeans                                       |
| 03/22/2019 | R-0200 - Chicken & Noodles<br>R-0255 - Milk<br>R-0270 - Salisbury Steak   | Milk (Dairy), Wheat<br>Milk<br>Milk, Wheat, Soybeans (soy)   |

03/22/2019

R-0297 - Wh. Gr. Dinner Roll

R-0471 - Uncrustable PB & J (HS)

R-0693 - Salad bar/choice

R-0716 - Sub bar

Wheat

Peanuts, Wheat

Milk, Eggs, Wheat, Soybeans

Eggs